

## To Protect, Promote and Prioritize the Health of Our Entire Community

For Immediate Release: April 15, 2020 Contact: Dr. Adi Pour, (402) 444-7471

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## **DCHD Says Social Distancing Remains Key**

The Douglas County Health Department (DCHD) is emphasizing the fact that social distancing remains the best weapon to protect you from COVID-19.

"Remember these important numbers," Health Director Dr. Adi Pour said. "Stay six feet apart and no more than ten people in a room."

DCHD also is recommending that everyone who goes out in public should wear a mask.

On Wednesday, April 15 the Health Department confirmed eight new cases of COVID-19 in Douglas County. These latest cases involve seven females and one male who range in age from less than a year to 49 years. Three of these cases had contact to a known case, one case is related to travel, one was community acquired, and three remain under investigation.

There are no hospitalizations among this group. There now have been 263 cases of COVID-19 in Douglas County since the outbreak began.

Hospital inventory as of Tuesday evening indicated 553 medical surge beds are available with 38 patients hospitalized with COVID-19. Of the 402 ventilators available to area hospitals, 86 are in use, including 15 for confirmed COVID-19 patients.

Please know the COVID-19 symptoms, which may include a fever, cough, sore throat, severe fatigue or difficulty breathing. In most cases a person will have more than one symptom. Anyone who has COVID-19 symptoms should contact their health care provider and tell them how you are feeling and discuss any possible exposure history. Please call ahead before you go to the doctor's office or an emergency room.

DCHD's information line is open daily at (402) 444-3400 from 8:30 a.m. until 4 p.m. In addition, the Nebraska DHHS COVID-19 information line is open from 8 a.m.-8 p.m. at (402) 552-6645. Calls are taken 24 hours a day at the United Way's 2-1-1 Information Line.

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